

Together we are beating cancer

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# Where are we now? A focus on multi-cancer detection tests

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## **Cancer outcomes in the UK**



## Cancer incidence is growing...

993-994-1998 -1999 -2000

-9661

-6661

Incidence rate per 100,000





2031-

 The number of new all cancers combined cases on average each year in the UK is projected to rise from around 420,000 cases in 2023-2025 to around 506,000 cases in 2038-2040 [1].







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Net survival increased substantially during the 40year period 1971–2011, both in England and in Wales [2].

#### Colon cancer 5-year survival changes, 1995-1999 to 2010-2014



\* = Highest 2010-2014 survival for this country



International Cancer Benchmarking Partnership (ICBP) shows that the UK lags behind many comparable countries [3].



\* 62.5%



Number of cancer deaths avoided within 5 years of diagnosis

We want to save lives through meaningful earlier diagnosis (?)



#### Proportion of Cancer Cases by Presentation Route and Known Stage at Diagnosis All Cancers Combined, England, 2020



Proportion of Cases by Known Stage





"Earlier diagnosis of cancer can be transformative of peoples lives, and we need to continue to undertake the planning and research to achieve it."

**Professor Chris Whitty [5]** 



## What are MCDs?



## **Multi-cancer**

detection (MCD) tests Detect the presence of biomarkers that are associated with more than one cancer type in a single sample collected by a noninvasive method



## MCDs use liquid biopsy technology





Liquid sample collected

eg blood, urine















## **Possible advantages of MCDs?**



# Use of MCDs across the cancer pathway





















## CRUK Content: MCT Explainer Series

June 2024 One test to detect multiple cancers – where are we now? [6] September 2024 <u>Multi-cancer</u> <u>earlier detection</u> <u>tests: implications</u> <u>for screening</u> <u>programmes</u> [7]

February 2025 <u>Could multi-cancer</u> <u>tests help GPs</u> <u>spot cancer?</u> [8] April 2025 (TBC) Liquid biopsies: Towards faster cancer treatment



## Multi-cancer screening

Population-based screening programme for asymptomatic people to detect multiple-cancers



# How could MCDs be used for cancer screening?



## Multi-cancer earlier detection (MCED) test applications in screening



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## **1. Risk Stratification using MCDs**

Risk stratified screening tailors the frequency of screening intervals and the types of screening tests offered to a person's risk of developing cancer.





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## **1. Risk Stratification using MCDs**

Risk stratified screening tailors the frequency of screening intervals and the types of screening tests offered to a person's risk of developing cancer.

Cancer risk can be calculated using different information, including medical history, lifestyle, socioeconomic status, and clinical indicators from other tests.

Results of MCED analysis could potentially contribute to risk assessment.





## Multi-cancer earlier detection (MCED) test applications in screening







## **2. The MCD supports current screening tests**

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MCEDs could be used as an additional screening test within the current programmes. By combining MCEDs with the existing test, it may be possible to give better information at the time of screening. For example, mammography could potentially be improved if the MCED could support differentiate between sub-types of breast cancer.





## Multi-cancer earlier detection (MCED) test applications in screening





This not an exhaustive list of potential uses of MCEDs in screening

### **3. MCD replaces current screening test**

Many MCEDs are based on a blood draw.





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Many MCEDs are based on a blood draw. They have a potential advantage (if they perform well), as in comparison to certain tests, they may be cheaper, easier to administer and more accessible to patients.





#### 3. MCD replaces current screening test

#### Many MCEDs are based on a blood draw.

They have a potential advantage (if they perform well), as in comparison to certain tests, they may be cheaper, easier to administer and more accessible to patients.

That may also make them more acceptable to the public and increase uptake in cancer screening invitations.





## Multi-cancer earlier detection (MCED) test applications in screening





## 4. Multi-cancer screening programme with MCD

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## 4. Multi-cancer screening programme with MCD

Screening for individual cancers means that many people require multiple appointments and tests for cancer screening.

MCEDs have the potential to be used to more efficiently screen for lots of different cancers at the same time Opportunity to screen for cancers not currently offered, such as rarer cancers.





## Multi-cancer earlier detection (MCED) test applications in screening





## **Evidence: published & emerging**



## Many different tests in development

Differ by the cancer sites detected, and the biomarkers analysed.



## What are the evidence requirements?

#### Analytical Validity

Measure of how well a test can detect the biomarker in a sample.





**Precision:** The test provides a high degree of specificity.

#### Accuracy:

The test measures or detects what it's intended to.



**Reliability:** 

The test regularly produces the same results.



## What are the evidence requirements?

#### Analytical Validity

Measure of how well a test can detect the biomarker in a sample. Most MCDs have evidence of analytical validity in the form of proof of concept or preliminary retrospective studies.



# What evidence does the <u>test</u> need to show?

Analytical Validity

Measure of how well a test can detect the biomarker in a sample.

#### **Clinical Validity**

Measure of how well a test can predict a clinical outcome.



**Sensitivity and specificity:** How well a test identifies people with a specific condition.



## Positive and negative prediction value:

How well a test predicts the presence or absence of a condition.



## What are the evidence requirements?

#### Analytical Validity

Measure of how well a test can detect the biomarker in a sample.

#### **Clinical Validity**

Measure of how well a test can predict a clinical outcome. Some have clinical validity evidence from retrospective or prospective studies





# What evidence does the <u>test</u> need to show?

Analytical Validity

Measure of how well a test can detect the biomarker in a sample.

#### **Clinical Validity**

Measure of how well a test can predict a clinical outcome. Measure of whether a test can be implemented and improves patient outcomes.

**Clinical Utility** 

Assessed by:

- Clinical outcomes
- Cost-effectiveness
- Data richness
- Practical concerns
- Ethical and social implications



## What are the evidence requirements?

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**Clinical Utility** 





## **Preferred MCD characteristics?**



To avoid high burden and cost of diagnostic follow-ups caused by false positives.

#### Sensitivity

To detect early-stage disease

#### Accuracy for CSO

So investigations can be targeted to find the cancer quickly.



## **Conventional screening test outcomes**





## Multi-cancer test outcomes

Multiple investigations are required to resolve outcome





## **MCT Trials**

#### In the NHS:

- NHS-Galleri Trial
  - Prospective RCT of 140,000 people healthy people [9].
  - The trial aims to demonstrate a statistically significant stage shift and will also look at longer term endpoints, i.e., mortality. Interim results received 2024 with further results to follow in 2026.
- <u>SYMPLIFY</u>
  - Observational retrospective sample analysis of people aged 40+ who have been referred with an urgent suspicion of cancer.
  - Demonstrate sufficient performance to proceed to next phase [10].

#### Globally:

- <u>PATHFINDER2</u> prospective, multi-center interventional study of 35,500 participants healthy people in North America [11].
- <u>Vanguard Study</u> aims to assess the feasibility of using multiple MCD tests in future RCT by enrolling up to 24,000 people [12].



There are also other global trials for MCDs that are NOT screening related

## **Current levels of evidence for MCDs**







## **Evidence gaps?**



C.

Performance

Across all cancer sites and stages in a large study, or in a real-world population cohort Tumour natural history Fundamental biology of early cancers and how they release

biomarkers



System & behavourial impact Impact on existing screening programmes, the wider health system and screenedindividuals Patient-reported outcomes

Patient-relevant outcomes other than mortality -HRQoL



Clinical outcomes

Trials with longterm follow-up to give evidence of reducing mortality



## Pillars of evidence to support implementation?



e.g., equitable performance, realworld setting e.g., patient behaviour, benefits vs. harms e.g., evidence requirements, costeffectiveness

e.g., workforce impact, equitable implementation



## Considerations for a multicancer screening programme



## **Unanswered questions?**

Is the tumour natural history understood?	Which individuals are at highest risk?	Who would be eligible?	Which cancers should be included?
How to evaluate MCEDs?	How to set performance parameters to not overwhelm diagnostic capacity?	Which test to use?	How can we get timely information?
Will there be available treatment leading to ED benefit?	How to design referral pathways and limit disruption?	Is it acceptable?	Is it feasible to implement?
What will be the impact on health inequalities?	What will be the impact on overdiagnosis?	How will be continually evaluated post-implementation?	Will it be cost- effective?



## In summary...











#### **Opportunity**

Many different ways MCDs could impact cancer screening. Evidence gaps

Many evidence gaps and unanswered questions. Rapidly evolving technology

New evidence is being generated all the time. Careful evaluation

Of which, if any, MCD should be used for multicancer screening. Consensus

Convene the community to reach consensus.



## Get in touch

For any questions, please reach out to:

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